



3. Erfurter Marathon Erfurt / 27.08.2016

Detailed evaluation

Flitzpiepen

Number: 103

Course: 42.20 km

Erfurt Marathon 4er Staffel

Category:

4er Mixstaffel

Total time: 4:13:57

Speed: 9.97 km/h

Running performance: 6:01 min/km

Rank in course: 16 (of 29)

Best time in course: 3:20:13

Rank in category: 4(of 10)

Best time in the category: 3:37:32

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle 1	9.68	55:58	5:46	4	8:23	19	11:54	9.68	55:58	5:46	4	8:23	19	11:54
Wechselstelle 2	11.14	1:01:13	5:29	3	5:13	8	5:16	20.82	1:57:11	5:37	3	3:55	10	13:35
Wechselstelle 3	9.31	49:48	5:20	3	3:05	7	5:35	30.13	2:46:59	5:32	3	7:00	8	16:37
Erfurt	12.10	1:26:58	7:11	8	40:51	26	40:51	42.20	4:13:57	6:01	4	36:25	16	53:44