



3. Erfurter Marathon
Erfurt / 27.08.2016

Detailed evaluation

LTV Montagsläufer

Number: 78

Course: 42.20 km

Erfurt Marathon 4er Staffel

Category:

4er Männerstaffel

Total time: 3:23:36

Speed: 12.44 km/h

Running performance: 4:49 min/km

Rank in course: 2 (of 29)

Best time in course: 3:20:13

Rank in category: 2(of 16)

Best time in the category: 3:20:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle 1	9.68	46:24	4:47	2	2:20	2	2:20	9.68	46:24	4:47	2	2:20	2	2:20
Wechselstelle 2	11.14	57:12	5:08	3	1:15	4	1:15	20.82	1:43:36	4:58	1	-	1	-
Wechselstelle 3	9.31	48:00	5:09	4	3:47	5	3:47	30.13	2:31:36	5:01	2	1:14	2	1:14
Erfurt	12.10	52:00	4:17	2	2:09	3	5:53	42.20	3:23:36	4:49	2	3:23	2	3:23