



3. Erfurter Marathon  
Erfurt / 27.08.2016

Detailed evaluation

Die 4 Sahneschnitten

Number: 18

Course: 42.20 km

Erfurt Marathon 4er Staffel

Category:

4er Frauenstaffel

Total time: 4:39:01

Speed: 9.03 km/h

Running performance: 6:37 min/km

Rank in course: 24 (of 29)

Best time in course: 3:20:13

Rank in category: 3(of 3)

Best time in the category: 4:25:49

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle 1	9.68	1:06:24	6:51	2	20:00	25	22:20	9.68	1:06:24	6:51	2	20:00	25	22:20
Wechselstelle 2	11.14	1:15:39	6:47	2	0:14	19	19:42	20.82	2:22:03	6:49	2	9:35	24	38:27
Wechselstelle 3	9.31	1:03:09	6:46	2	4:36	22	18:56	30.13	3:25:12	6:48	3	5:31	24	54:50
Erfurt	12.10	1:13:49	6:06	2	7:41	20	27:42	42.20	4:39:01	6:36	3	13:12	24	1:18:48