



3. Erfurter Marathon
Erfurt / 27.08.2016

Detailed evaluation

LG Kurzstrecke

Number: 49

Course: 42.20 km

Erfurt Marathon 4er Staffel

Category:

4er Männerstaffel

Total time: 3:36:38

Speed: 11.69 km/h

Running performance: 5:08 min/km

Rank in course: 3 (of 29)

Best time in course: 3:20:13

Rank in category: 3(of 16)

Best time in the category: 3:20:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle 1	9.68	51:02	5:16	10	6:58	13	6:58	9.68	51:02	5:16	10	6:58	13	6:58
Wechselstelle 2	11.14	1:01:37	5:31	7	5:40	10	5:40	20.82	1:52:39	5:24	7	9:03	7	9:03
Wechselstelle 3	9.31	47:21	5:05	3	3:08	4	3:08	30.13	2:40:00	5:18	3	9:38	4	9:38
Erfurt	12.10	56:38	4:40	4	6:47	5	10:31	42.20	3:36:38	5:08	3	16:25	3	16:25