



3. Erfurter Marathon
Erfurt / 27.08.2016

Detailed evaluation

Blue Phoenix

Number: 113

Course: 42.20 km

Erfurt Marathon 4er Einrad Staffel

Category:

4er Einrad Mixstaffel

Total time: 5:06:06

Speed: 8.23 km/h

Running performance: 7:15 min/km

Rank in course: 2 (of 2)

Best time in course: 4:43:19

Rank in category: 1(of 1)

Best time in the category: 5:06:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechselstelle 1	9.68	56:57	5:52	1	-	1	-	9.68	56:57	5:52	1	-	1	-
Wechselstelle 2	11.14	1:40:53	9:03	1	-	2	39:04	20.82	2:37:50	7:34	1	-	2	33:24
Wechselstelle 3	9.31	1:08:00	7:18	1	-	1	-	30.13	3:45:50	7:29	1	-	2	10:46
Erfurt	12.10	1:20:16	6:38	1	-	2	12:01	42.20	5:06:06	7:15	1	-	2	22:47