



3. Erfurter Marathon
Erfurt / 27.08.2016

Detailed evaluation

ASV-Renntner

Number: 27

Course: 42.20 km

Erfurt Marathon 4er Staffel

Category:

4er Männerstaffel

Total time: 3:46:00

Speed: 11.20 km/h

Running performance: 5:22 min/km

Rank in course: 5 (of 29)

Best time in course: 3:20:13

Rank in category: 4(of 16)

Best time in the category: 3:20:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle 1	9.68	49:46	5:08	9	5:42	12	5:42	9.68	49:46	5:08	9	5:42	12	5:42
Wechselstelle 2	11.14	1:01:09	5:29	5	5:12	7	5:12	20.82	1:50:55	5:19	5	7:19	5	7:19
Wechselstelle 3	9.31	53:05	5:42	6	8:52	10	8:52	30.13	2:44:00	5:26	5	13:38	7	13:38
Erfurt	12.10	1:02:00	5:07	8	12:09	10	15:53	42.20	3:46:00	5:21	4	25:47	5	25:47