



3. Erfurter Marathon  
Erfurt / 27.08.2016

Detailed evaluation

Rehberg & Co.

Number: 12

Course: 42.20 km

Erfurt Marathon 4er Staffel

Category:

4er Männerstaffel

Total time: 4:13:11

Speed: 9.95 km/h

Running performance: 6:00 min/km

Rank in course: 15 (of 29)

Best time in course: 3:20:13

Rank in category: 12(of 16)

Best time in the category: 3:20:13

| Intermediate times |          |            |              | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Total | Behind Total | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Wechselstelle 1    | 9.68     | 55:09      | 5:41         | 13          | 11:05       | 17        | 11:05        | 9.68          | 55:09      | 5:41         | 13       | 11:05       | 17        | 11:05        |
| Wechselstelle 2    | 11.14    | 1:10:47    | 6:21         | 11          | 14:50       | 16        | 14:50        | 20.82         | 2:05:56    | 6:02         | 11       | 22:20       | 15        | 22:20        |
| Wechselstelle 3    | 9.31     | 54:37      | 5:51         | 8           | 10:24       | 12        | 10:24        | 30.13         | 3:00:33    | 5:59         | 10       | 30:11       | 13        | 30:11        |
| Erfurt             | 12.10    | 1:12:38    | 6:00         | 12          | 22:47       | 18        | 26:31        | 42.20         | 4:13:11    | 5:59         | 12       | 52:58       | 15        | 52:58        |