



3. Erfurter Marathon
Erfurt / 27.08.2016

Detailed evaluation

Rehberg & Co.

Number: 12

Course: 42.20 km

Erfurt Marathon 4er Staffel

Category:

4er Männerstaffel

Total time: 4:13:11

Speed: 10.00 km/h

Running performance: 6:00 min/km

Rank in course: 15 (of 29)

Best time in course: 3:20:13

Rank in category: 12(of 16)

Best time in the category: 3:20:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle 1	9.68	55:09	5:41	13	11:05	17	11:05	9.68	55:09	5:41	13	11:05	17	11:05
Wechselstelle 2	11.14	1:10:47	6:21	11	14:50	16	14:50	20.82	2:05:56	6:02	11	22:20	15	22:20
Wechselstelle 3	9.31	54:37	5:51	8	10:24	12	10:24	30.13	3:00:33	5:59	10	30:11	13	30:11
Erfurt	12.10	1:12:38	6:00	12	22:47	18	26:31	42.20	4:13:11	5:59	12	52:58	15	52:58