



3. Erfurter Marathon
Erfurt / 27.08.2016

Detailed evaluation

2 Paar Dornschuhe

Number: 35

Course: 42.20 km

Erfurt Marathon 4er Staffel

Category:

4er Mixstaffel

Total time: 3:48:30

Speed: 11.03 km/h

Running performance: 5:25 min/km

Rank in course: 6 (of 29)

Best time in course: 3:20:13

Rank in category: 2(of 10)

Best time in the category: 3:37:32

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle 1	9.68	54:37	5:38	3	7:02	16	10:33	9.68	54:37	5:38	3	7:02	16	10:33
Wechselstelle 2	11.14	1:04:43	5:48	4	8:43	11	8:46	20.82	1:59:20	5:43	4	6:04	11	15:44
Wechselstelle 3	9.31	1:03:03	6:46	7	16:20	20	18:50	30.13	3:02:23	6:03	4	22:24	16	32:01
Erfurt	12.10	46:07	3:48	1	-	1	-	42.20	3:48:30	5:24	2	10:58	6	28:17