



3. Erfurter Marathon
Erfurt / 27.08.2016

Detailed evaluation

2 Paar Dornschuhe

Number: 35

Course: 42.20 km

Erfurt Marathon 4er Staffel

Category:

4er Mixstaffel

Total time: 3:48:30

Speed: 11.03 km/h

Running performance: 5:25 min/km

Rank in course: 6 (of 29)

Best time in course: 3:20:13

Rank in category: 2(of 10)

Best time in the category: 3:37:32

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------------|-------|---------|--------|------|--------|-------|--------|-------|---------|-------|-----|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Total | Total | | | | | | | |
| Wechselstelle 1 | 9.68 | 54:37 | 5:38 | 3 | 7:02 | 16 | 10:33 | 9.68 | 54:37 | 5:38 | 3 | 7:02 | 16 | 10:33 |
| Wechselstelle 2 | 11.14 | 1:04:43 | 5:48 | 4 | 8:43 | 11 | 8:46 | 20.82 | 1:59:20 | 5:43 | 4 | 6:04 | 11 | 15:44 |
| Wechselstelle 3 | 9.31 | 1:03:03 | 6:46 | 7 | 16:20 | 20 | 18:50 | 30.13 | 3:02:23 | 6:03 | 4 | 22:24 | 16 | 32:01 |
| Erfurt | 12.10 | 46:07 | 3:48 | 1 | - | 1 | - | 42.20 | 3:48:30 | 5:24 | 2 | 10:58 | 6 | 28:17 |