



3. Erfurter Marathon Erfurt / 27.08.2016

Detailed evaluation

Kraushaar, Torsten

Club: Annakram - Laufend helfen
Number: 68

Course: 42.20 km
Marathon Einzel

Category:
Männer

Total time: 3:51:55

Speed: 10.87 km/h
Running performance: 5:30 min/km

Rank in course/Total: 3 (of 48)

Rank in course/Men: 3 (of 40)

Best time in course: 3:13:19

Rank in category: 3(of 40)

Best time in the category: 3:13:19

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
nördlichster Punkt	4.59	20:50	4:32	4	1:44	4	1:44	4.59	20:50	4:32	4	1:44	4	1:44
Wechselstelle 1	5.09	26:21	5:10	3	2:30	3	2:30	9.68	47:11	4:52	3	4:14	3	4:14
Wechselstelle 2	11.40	1:02:23	5:28	4	8:38	4	8:38	21.08	1:49:34	5:11	3	12:52	3	12:52
südlichster Punkt	5.28	32:25	6:08	8	6:14	8	6:14	26.36	2:21:59	5:23	3	19:06	3	19:06
Wechselstelle 3	3.99	24:42	6:11	6	5:11	6	5:11	30.35	2:46:41	5:29	3	24:17	3	24:17
Nordpark Erfurt	12.20	1:05:14	5:20	6	14:19	6	14:19	42.20	3:51:55	5:29	3	38:36	3	38:36