



3. Erfurter Marathon

Erfurt / 27.08.2016

Detailed evaluation

Stirl, Sophie

Club: Ilmenau
Number: 34

Course: 42.20 km
Marathon Einrad

Category:
Frauen

Total time: 2:53:14

Speed: 14.55 km/h
Running performance: 4:07 min/km

Rank in course/Total: 9 (of 28)
Rank in course/Women: 3 (of 13)

Best time in course: 2:46:33

Rank in category: 3(of 13)

Best time in the category: 2:46:33

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
nördlichster Punkt	4.59	15:42	3:25	3	0:09	3	0:09	4.59	15:42	3:25	3	0:09	3	0:09
Wechselstelle 1	5.09	16:45	3:17	2	0:05	2	0:05	9.68	32:27	3:21	2	0:05	2	0:05
Wechselstelle 2	11.40	48:09	4:13	3	5:37	3	5:37	21.08	1:20:36	3:49	3	1:36	3	1:36
südlichster Punkt	5.28	29:06	5:30	3	6:38	3	6:38	26.36	1:49:42	4:09	3	6:15	3	6:15
Wechselstelle 3	3.99	18:47	4:42	4	2:05	4	2:05	30.35	2:08:29	4:14	4	8:20	4	8:20
Nordpark Erfurt	12.20	44:45	3:40	2	2:40	2	2:40	42.20	2:53:14	4:06	3	6:41	3	6:41