



### 3. Erfurter Marathon Erfurt / 27.08.2016

#### Detailed evaluation

Reif, Bernd

Club: Laufcombo Reif ,Gotha  
Number: 4

Course: 42.20 km  
Marathon Einzel

Category:  
Männer

Total time: 4:03:16

Speed: 10.36 km/h  
Running performance: 5:46 min/km

Rank in course/Total: 8 (of 48)

Rank in course/Men: 8 (of 40)

Best time in course: 3:13:19

Rank in category: 8(of 40)

Best time in the category: 3:13:19

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
nördlichster Punkt	4.59	22:33	4:54	11	3:27	11	3:27	4.59	22:33	4:54	11	3:27	11	3:27
Wechselstelle 1	5.09	30:29	5:59	18	6:38	18	6:38	9.68	53:02	5:28	19	10:05	19	10:05
Wechselstelle 2	11.40	1:08:16	5:59	14	14:31	14	14:31	21.08	2:01:18	5:45	14	24:36	14	24:36
südlichster Punkt	5.28	30:55	5:51	3	4:44	3	4:44	26.36	2:32:13	5:46	10	29:20	10	29:20
Wechselstelle 3	3.99	23:06	5:47	3	3:35	3	3:35	30.35	2:55:19	5:46	7	32:55	7	32:55
Nordpark Erfurt	12.20	1:07:57	5:34	8	17:02	8	17:02	42.20	4:03:16	5:45	8	49:57	8	49:57