



3. Erfurter Marathon Erfurt / 27.08.2016

Detailed evaluation

Intrau, Marko

Club: Einradclub Erfurt e.V.
Number: 58

Course: 42.20 km
Marathon Einrad

Category:
Männer

Total time: 3:29:21

Speed: 12.04 km/h
Running performance: 4:58 min/km

Rank in course/Total: 14 (of 28)

Rank in course/Men: 8 (of 15)

Best time in course: 2:07:29

Rank in category: 8(of 15)

Best time in the category: 2:07:29

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
nördlichster Punkt	4.59	18:01	3:55	8	2:32	8	2:32	4.59	18:01	3:55	8	2:32	8	2:32
Wechselstelle 1	5.09	21:36	4:14	10	6:12	10	6:12	9.68	39:37	4:05	8	8:37	8	8:37
Wechselstelle 2	11.40	54:50	4:48	7	21:13	7	21:13	21.08	1:34:27	4:28	8	29:50	8	29:50
südlichster Punkt	5.28	34:06	6:27	8	17:34	8	17:34	26.36	2:08:33	4:52	8	47:24	8	47:24
Wechselstelle 3	3.99	22:56	5:44	8	11:24	8	11:24	30.35	2:31:29	4:59	8	58:48	8	58:48
Nordpark Erfurt	12.20	57:52	4:44	9	23:04	9	23:04	42.20	3:29:21	4:57	9	1:21:52	9	1:21:52