



3. Erfurter Marathon

Erfurt / 27.08.2016

Detailed evaluation

Ohlhorst, Frank

Club: Team Erdinger Alkoholfrei
Number: 44

Course: 42.20 km
Marathon Einzel

Category:
Männer

Total time: 4:37:59

Speed: 9.07 km/h
Running performance: 6:35 min/km

Rank in course/Total: 15 (of 48)

Rank in course/Men: 14 (of 40)

Best time in course: 3:13:19

Rank in category: 14(of 40)

Best time in the category: 3:13:19

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
nördlichster Punkt	4.59	23:00	5:00	14	3:54	14	3:54	4.59	23:00	5:00	14	3:54	14	3:54
Wechselstelle 1	5.09	30:00	5:53	17	6:09	17	6:09	9.68	53:00	5:28	17	10:03	17	10:03
Wechselstelle 2	11.40	1:09:33	6:06	16	15:48	16	15:48	21.08	2:02:33	5:48	17	25:51	17	25:51
südlichster Punkt	5.28	38:28	7:17	21	12:17	21	12:17	26.36	2:41:01	6:06	16	38:08	16	38:08
Wechselstelle 3	3.99	29:43	7:26	18	10:12	18	10:12	30.35	3:10:44	6:17	16	48:20	16	48:20
Nordpark Erfurt	12.20	1:27:15	7:09	17	36:20	17	36:20	42.20	4:37:59	6:35	15	1:24:40	15	1:24:40