



3. Erfurter Marathon

Erfurt / 27.08.2016

Detailed evaluation

Ohlhorst, Frank

Club: Team Erdinger Alkoholfrei
Number: 44

Course: 42.20 km
Marathon Einzel

Category:
Männer

Total time: 4:37:59

Speed: 9.07 km/h
Running performance: 6:35 min/km

Rank in course/Total: 15 (of 48)

Rank in course/Men: 14 (of 40)

Best time in course: 3:13:19

Rank in category: 14(of 40)

Best time in the category: 3:13:19

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|--------------------|-------|---------|--------|------|--------|-----|--------|-------|---------|--------|------|---------|-----|---------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| nördlichster Punkt | 4.59 | 23:00 | 5:00 | 14 | 3:54 | 14 | 3:54 | 4.59 | 23:00 | 5:00 | 14 | 3:54 | 14 | 3:54 |
| Wechselstelle 1 | 5.09 | 30:00 | 5:53 | 17 | 6:09 | 17 | 6:09 | 9.68 | 53:00 | 5:28 | 17 | 10:03 | 17 | 10:03 |
| Wechselstelle 2 | 11.40 | 1:09:33 | 6:06 | 16 | 15:48 | 16 | 15:48 | 21.08 | 2:02:33 | 5:48 | 17 | 25:51 | 17 | 25:51 |
| südlichster Punkt | 5.28 | 38:28 | 7:17 | 21 | 12:17 | 21 | 12:17 | 26.36 | 2:41:01 | 6:06 | 16 | 38:08 | 16 | 38:08 |
| Wechselstelle 3 | 3.99 | 29:43 | 7:26 | 18 | 10:12 | 18 | 10:12 | 30.35 | 3:10:44 | 6:17 | 16 | 48:20 | 16 | 48:20 |
| Nordpark Erfurt | 12.20 | 1:27:15 | 7:09 | 17 | 36:20 | 17 | 36:20 | 42.20 | 4:37:59 | 6:35 | 15 | 1:24:40 | 15 | 1:24:40 |