



### 3. Erfurter Marathon Erfurt / 27.08.2016

#### Detailed evaluation

Ostapenko, Tanya

Club: Marathon Maniacs  
Number: 50

Course: 42.20 km  
Marathon Einzel

Category:  
Frauen

Total time: 4:50:53

Speed: 8.66 km/h  
Running performance: 6:53 min/km

Rank in course/Total: 22 (of 48)

Rank in course/Women: 3 (of 8)

Best time in course: 4:31:05

Rank in category: 3(of 8)

Best time in the category: 4:31:05

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind		
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women	
nördlichster Punkt	4.59	25:12	5:29	5	5	2:10	5	4.59	25:12	5:29	5	5	2:10	5	2:10
Wechselstelle 1	5.09	32:00	6:17	5	5	2:22	5	9.68	57:12	5:54	5	5	4:11	5	4:11
Wechselstelle 2	11.40	1:18:46	6:54	4	4	7:43	4	21.08	2:15:58	6:27	5	5	9:34	5	9:34
südlichster Punkt	5.28	41:02	7:46	3	3	8:22	3	26.36	2:57:00	6:42	3	3	15:19	3	15:19
Wechselstelle 3	3.99	30:29	7:38	3	3	1:59	3	30.35	3:27:29	6:50	3	3	17:18	3	17:18
Nordpark Erfurt	12.20	1:23:24	6:50	3	3	14:13	3	42.20	4:50:53	6:53	4	4	39:27	4	39:27