



3. Erfurter Marathon

Erfurt / 27.08.2016

Detailed evaluation

Wenk, Helena-Phelicitas

Club: Einradclub Erfurt e.V.
Number: 48

Course: 42.20 km
Marathon Einrad

Category:
Frauen

Total time: 5:03:57

Speed: 8.29 km/h
Running performance: 7:12 min/km

Rank in course/Total: 20 (of 28)

Rank in course/Women: 8 (of 13)

Best time in course: 2:46:33

Rank in category: 8(of 13)

Best time in the category: 2:46:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
nördlichster Punkt	4.59	26:42	5:49	13	11:09	13	11:09	4.59	26:42	5:49	13	11:09	13	11:09
Wechselstelle 1	5.09	35:56	7:03	13	19:16	13	19:16	9.68	1:02:38	6:28	13	30:16	13	30:16
Wechselstelle 2	11.40	1:59:17	10:27	12	1:16:45	12	1:16:45	21.08	3:01:55	8:37	12	1:42:55	12	1:42:55
südlichster Punkt	5.28	38:56	7:22	7	16:28	7	16:28	26.36	3:40:51	8:22	11	1:57:24	11	1:57:24
Wechselstelle 3	3.99	23:30	5:53	7	6:48	7	6:48	30.35	4:04:21	8:03	11	2:04:12	11	2:04:12
Nordpark Erfurt	12.20	59:36	4:53	7	17:31	7	17:31	42.20	5:03:57	7:12	9	2:17:24	9	2:17:24