



22. Hainich-Lauf  
Mihla / 01.05.2016

## Detailed evaluation

**Holland-Moritz, Denny**

Club: Rennsteiglaufverein  
Number: 246

Course: 13.00 km  
Mittelstrecke

Category:  
Senioren M30 (30-34 Jahre)

Total time: 50:31

Speed: 15.44 km/h  
Running performance: 3:53 min/km

Rank in course/Total: 1 (of 54)

Rank in course/Men: 1 (of 41)

Best time in course: 50:31

Rank in category: 1(of 7)

Best time in the category: 50:31