



22. Hainich-Lauf  
Mihla / 01.05.2016

## Detailed evaluation

**Kaufhold, Tobias**

Club: Faulungen  
Number: 244

Course: 13.00 km  
Mittelstrecke

Category:  
Senioren M30 (30-34 Jahre)

Total time: 53:42

Speed: 14.53 km/h  
Running performance: 4:08 min/km

Rank in course/Total: 2 (of 54)

Rank in course/Men: 2 (of 41)

Best time in course: 50:31

Rank in category: 2(of 7)

Best time in the category: 50:31