



22. Hainich-Lauf
Mihla / 01.05.2016

Detailed evaluation

Kaufhold, Sebastian

Club: Rodeberg
Number: 205

Course: 13.00 km
Mittelstrecke

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:11:16

Speed: 10.94 km/h
Running performance: 5:29 min/km

Rank in course/Total: 23 (of 54)

Rank in course/Men: 19 (of 41)

Best time in course: 50:31

Rank in category: 6(of 7)

Best time in the category: 50:31