



22. Hainich-Lauf
Mihla / 01.05.2016

Detailed evaluation

Rikirsch, Roland

Club: SV Blau Weiß 90 Kreuzburg
Number: 233

Course: 13.00 km
Mittelstrecke

Category:
Senioren M70 (70-74 Jahre)

Total time: 1:16:03

Speed: 10.26 km/h
Running performance: 5:51 min/km

Rank in course/Total: 30 (of 54)

Rank in course/Men: 25 (of 41)

Best time in course: 50:31

Rank in category: 1(of 2)

Best time in the category: 1:16:03