



22. Hainich-Lauf
Mihla / 01.05.2016

Detailed evaluation

Koch, Dominik

Club: Rennsteiglaufverein LG Süd
Number: 406

Course: 21.10 km
Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:20:06

Speed: 15.73 km/h
Running performance: 3:48 min/km

Rank in course/Total: 1 (of 43)

Rank in course/Men: 1 (of 37)

Best time in course: 1:20:06

Rank in category: 1(of 6)

Best time in the category: 1:20:06