



22. Hainich-Lauf
Mihla / 01.05.2016

Detailed evaluation

Rathgeber, Ronny

Club: SV Normania Treffurt
Number: 209

Course: 13.00 km
Mittelstrecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:20:11

Speed: 9.73 km/h
Running performance: 6:10 min/km

Rank in course/Total: 41 (of 54)

Rank in course/Men: 32 (of 41)

Best time in course: 50:31

Rank in category: 4(of 6)

Best time in the category: 58:49