



22. Hainich-Lauf
Mihla / 01.05.2016

Detailed evaluation

Groß, Uwe

Club: SV Diedorf
Number: 255

Course: 13.00 km
Mittelstrecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:21:12

Speed: 9.61 km/h
Running performance: 6:15 min/km

Rank in course/Total: 42 (of 54)

Rank in course/Men: 33 (of 41)

Best time in course: 50:31

Rank in category: 5(of 6)

Best time in the category: 58:49