



22. Hainich-Lauf  
Mihla / 01.05.2016

## Detailed evaluation

**Görlach, Folker**

Club: Hainichläufer  
Number: 245

Course: 13.00 km  
Mittelstrecke

Category:  
Senioren M75 (75-80 Jahre)

Total time: 1:28:47

Speed: 8.79 km/h  
Running performance: 6:50 min/km

Rank in course/Total: 48 (of 54)

Rank in course/Men: 39 (of 41)

Best time in course: 50:31

Rank in category: 1(of 1)

Best time in the category: 1:28:47