



22. Hainich-Lauf
Mihla / 01.05.2016

Detailed evaluation

Ziegler, Hans-Joachim

Club: EFC 08 Ruhla
Number: 248

Course: 13.00 km
Mittelstrecke

Category:
Senioren M65 (65-69 Jahre)

Total time: 1:31:08

Speed: 8.56 km/h
Running performance: 7:01 min/km

Rank in course/Total: 51 (of 54)

Rank in course/Men: 40 (of 41)

Best time in course: 50:31

Rank in category: 3(of 3)

Best time in the category: 1:18:35