



22. Hainich-Lauf  
Mihla / 01.05.2016

## Detailed evaluation

Urbach, Rene

Club: [www.buysomeshirts.com](http://www.buysomeshirts.com) Mühlhausen  
Number: 413

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:32:47

Speed: 13.58 km/h  
Running performance: 4:24 min/km

Rank in course/Total: 5 (of 43)

Rank in course/Men: 5 (of 37)

Best time in course: 1:20:06

Rank in category: 2(of 7)

Best time in the category: 1:32:30