



22. Hainich-Lauf  
Mihla / 01.05.2016

## Detailed evaluation

**Hasert, Karsten**

Club: LC Marathon Rotenburg  
Number: 422

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:57:37

Speed: 10.71 km/h  
Running performance: 5:34 min/km

Rank in course/Total: 31 (of 43)

Rank in course/Men: 28 (of 37)

Best time in course: 1:20:06

Rank in category: 4(of 5)

Best time in the category: 1:38:54