



22. Hainich-Lauf
Mihla / 01.05.2016

Detailed evaluation

Hasert, Karsten

Club: LC Marathon Rotenburg
Number: 422

Course: 21.10 km
Halbmarathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:57:37

Speed: 10.71 km/h
Running performance: 5:34 min/km

Rank in course/Total: 31 (of 43)

Rank in course/Men: 28 (of 37)

Best time in course: 1:20:06

Rank in category: 4(of 5)

Best time in the category: 1:38:54