



22. Hainich-Lauf  
Mihla / 01.05.2016

## Detailed evaluation

**Richter, Dirk**

Club: Jena

Number: 117

Course: 6.60 km

Kurzstrecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 33:55

Speed: 11.68 km/h

Running performance: 5:08 min/km

Rank in course/Total: 9 (of 37)

Rank in course/Men: 7 (of 21)

Best time in course: 25:09

Rank in category: 1(of 3)

Best time in the category: 33:55