



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

**Pabst, Felix**

Club: Heilsberger Sportler  
Number: 555

Course: 9.60 km  
Sprint

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:02:20

Speed: 9.24 km/h  
Running performance: 6:29 min/km

Rank in course/Total: 81 (of 550)

Rank in course/Men: 76 (of 376)

Best time in course: 43:28

Rank in category: 11(of 74)

Best time in the category: 50:49