



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

Apel, Julian

Club: Weißbierfreunde Kirchheim  
Number: 1440

Course: 17.60 km

Expert

Category:

Männer (20-29 Jahre)

Total time: 2:36:19

Speed: 6.53 km/h

Running performance: 8:53 min/km

Rank in course/Total: 487 (of 528)

Rank in course/Men: 418 (of 449)

Best time in course: 1:17:47

Rank in category: 98(of 108)

Best time in the category: 1:17:47