



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Methner, Jana

Club: Kernkraft Gera
Number: 1100

Course: 17.60 km
Expert

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 2:36:14

Speed: 6.53 km/h
Running performance: 8:53 min/km

Rank in course/Total: 483 (of 528)

Rank in course/Women: 67 (of 79)

Best time in course: 1:35:01

Rank in category: 21(of 22)

Best time in the category: 1:35:01