



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Sonnefeld, Oliver

Club: NightRun Coburg RunningTeam
Number: 1550

Course: 17.60 km

Expert

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:42:48

Speed: 6.49 km/h

Running performance: 9:15 min/km

Rank in course/Total: 505 (of 528)

Rank in course/Men: 431 (of 449)

Best time in course: 1:17:47

Rank in category: 99(of 101)

Best time in the category: 1:23:03