



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Weisheit, Ronny

Club: NightRun Coburg RunningTeam
Number: 1552

Course: 17.60 km

Expert

Category:

Senioren M30 (30-34 Jahre)

Total time: 2:42:48

Speed: 6.49 km/h

Running performance: 9:15 min/km

Rank in course/Total: 506 (of 528)

Rank in course/Men: 431 (of 449)

Best time in course: 1:17:47

Rank in category: 94(of 97)

Best time in the category: 1:19:26