



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Nagorski, Jan

Club: MaTjEsMaFiA
Number: 1400

Course: 17.60 km
Expert

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:45:57

Speed: 6.36 km/h
Running performance: 9:26 min/km

Rank in course/Total: 511 (of 528)

Rank in course/Men: 437 (of 449)

Best time in course: 1:17:47

Rank in category: 100(of 101)

Best time in the category: 1:23:03