



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

Stenzel, Katja

Club: Salzgitter

Number: 1442

Course: 17.60 km

Expert

Category:

Frauen (20-29 Jahre)

Total time: 2:16:26

Speed: 7.74 km/h

Running performance: 7:45 min/km

Rank in course/Total: 357 (of 528)

Rank in course/Women: 32 (of 79)

Best time in course: 1:35:01

Rank in category: 7(of 14)

Best time in the category: 1:40:38