



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Rachow, Christian

Club: Die absoluten Beginner
Number: 1256

Course: 17.60 km
Expert

Category:
Männer (20-29 Jahre)

Total time: 2:54:11

Speed: 6.06 km/h
Running performance: 9:54 min/km

Rank in course/Total: 517 (of 528)

Rank in course/Men: 442 (of 449)

Best time in course: 1:17:47

Rank in category: 105(of 108)

Best time in the category: 1:17:47