



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Scholz, Janis

Club: Laufladen Erfurt - OCR Team
Number: 1569

Course: 17.60 km

Expert

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 2:57:54

Speed: 5.73 km/h

Running performance: 10:07 min/km

Rank in course/Total: 522 (of 528)

Rank in course/Women: 77 (of 79)

Best time in course: 1:35:01

Rank in category: 16(of 17)

Best time in the category: 1:35:34