



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Ratz, Mirco

Club: Freiberg
Number: 1064

Course: 17.60 km
Expert

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:19:17

Speed: 5.30 km/h
Running performance: 11:19 min/km

Rank in course/Total: 527 (of 528)

Rank in course/Men: 448 (of 449)

Best time in course: 1:17:47

Rank in category: 55(of 55)

Best time in the category: 1:23:41