



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Rüster, Martin

Club: Bauer sucht Schlamm
Number: 185

Course: 9.60 km
Sprint

Category:
Männer (20-29 Jahre)

Total time: 1:03:26

Speed: 8.51 km/h
Running performance: 6:37 min/km

Rank in course/Total: 95 (of 550)

Rank in course/Men: 90 (of 376)

Best time in course: 43:28

Rank in category: 22(of 94)

Best time in the category: 43:28