



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Kalb, Alexandra

Club: NightRun Coburg RunningTeam
Number: 526

Course: 9.60 km
Sprint

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:03:53

Speed: 8.45 km/h
Running performance: 6:39 min/km

Rank in course/Total: 100 (of 550)

Rank in course/Women: 7 (of 174)

Best time in course: 53:53

Rank in category: 3(of 20)

Best time in the category: 1:02:43