



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

**Thurau, Janine**

Club: THORWART

Number: 388

Course: 9.60 km

Sprint

Category:

Frauen (20-29 Jahre)

Total time: 1:04:01

Speed: 8.44 km/h

Running performance: 6:40 min/km

Rank in course/Total: 102 (of 550)

Rank in course/Women: 8 (of 174)

Best time in course: 53:53

Rank in category: 3(of 53)

Best time in the category: 59:48