



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

**Beer, Hans**

Club: Pilateszentrum Erfurt  
Number: 599

Course: 9.60 km  
Sprint

Category:  
Männer (20-29 Jahre)

Total time: 1:04:16

Speed: 8.96 km/h  
Running performance: 6:41 min/km

Rank in course/Total: 105 (of 550)

Rank in course/Men: 97 (of 376)

Best time in course: 43:28

Rank in category: 25(of 94)

Best time in the category: 43:28