



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Sünnwoltdt, Rene

Club: THORWART
Number: 386

Course: 9.60 km
Sprint

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:04:19

Speed: 8.96 km/h
Running performance: 6:42 min/km

Rank in course/Total: 106 (of 550)

Rank in course/Men: 98 (of 376)

Best time in course: 43:28

Rank in category: 13(of 59)

Best time in the category: 54:10