



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

**Pivnev, Sergej**

Club: CrossTraining e.V.  
Number: 568

Course: 9.60 km  
Sprint

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:05:04

Speed: 8.30 km/h  
Running performance: 6:47 min/km

Rank in course/Total: 121 (of 550)

Rank in course/Men: 111 (of 376)

Best time in course: 43:28

Rank in category: 19(of 74)

Best time in the category: 50:49