



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

schuster, lars

Club: leipzig
Number: 1585

Course: 17.60 km
Expert

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:32:18

Speed: 11.05 km/h
Running performance: 5:14 min/km

Rank in course/Total: 21 (of 528)

Rank in course/Men: 21 (of 449)

Best time in course: 1:17:47

Rank in category: 5(of 101)

Best time in the category: 1:23:03