



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Schelauske, Christian

Club: hammaphotos.com

Number: 145

Course: 9.60 km

Sprint

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:05:13

Speed: 8.83 km/h

Running performance: 6:47 min/km

Rank in course/Total: 122 (of 550)

Rank in course/Men: 112 (of 376)

Best time in course: 43:28

Rank in category: 20(of 74)

Best time in the category: 50:49