



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Labbert, Sascha

Club: Sandersdorf-Brehna
Number: 449

Course: 9.60 km
Sprint

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:05:17

Speed: 8.27 km/h
Running performance: 6:48 min/km

Rank in course/Total: 123 (of 550)

Rank in course/Men: 113 (of 376)

Best time in course: 43:28

Rank in category: 21(of 74)

Best time in the category: 50:49