



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Dathe, Achim

Club: Freude am Laufen Team
Number: 1145

Course: 9.60 km
Sprint

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:06:17

Speed: 8.15 km/h
Running performance: 6:54 min/km

Rank in course/Total: 133 (of 550)

Rank in course/Men: 122 (of 376)

Best time in course: 43:28

Rank in category: 15(of 59)

Best time in the category: 54:10