



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

**Josten, Bianca**

Club: Quarksahne  
Number: 1062

Course: 17.60 km  
Expert

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 1:35:34

Speed: 10.67 km/h  
Running performance: 5:26 min/km

Rank in course/Total: 31 (of 528)

Rank in course/Women: 2 (of 79)

Best time in course: 1:35:01

Rank in category: 1(of 17)

Best time in the category: 1:35:34