



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Thiel, Elisa

Club: PatatasBravas
Number: 308

Course: 9.60 km
Sprint

Category:
Frauen (20-29 Jahre)

Total time: 1:07:19

Speed: 8.02 km/h
Running performance: 7:01 min/km

Rank in course/Total: 156 (of 550)

Rank in course/Women: 13 (of 174)

Best time in course: 53:53

Rank in category: 4(of 53)

Best time in the category: 59:48