



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

Hildebrand, Frank

Club: FRJDTD - Die Allerbesten  
Number: 83

Course: 9.60 km  
Sprint

Category:  
Männer (20-29 Jahre)

Total time: 1:07:53

Speed: 7.95 km/h  
Running performance: 7:04 min/km

Rank in course/Total: 177 (of 550)

Rank in course/Men: 158 (of 376)

Best time in course: 43:28

Rank in category: 35(of 94)

Best time in the category: 43:28